

Northern Virginia Strategic Planning Partnership  
Steering Committee  
January 28, 2011

In Attendance

Allen Berenson, *FFC CSB*  
George Braunstein, *FFC CSB*  
Alicia Bush, *PW CSB*  
Valerie Cuffee, *Arlington CSB*  
Maximilien Del Rio, *NVMHI*  
Mark Diorio, *NVTC*  
Kristen Duda, *NAMI No. Va.*  
Karen Friesz, *NVRPO*  
Tom Geib, *PW CSB*  
Mike Gilmore, *Alexandria CSB*  
Wendy Gradison, *PRS, Inc.*

Christine Hall, *Poplar Springs Hospital*  
Cindy Kemp, *Arlington CSB*  
Cindy Koshatka, *NVRPO*  
Diane Manganelli, *Arlington CSB*  
Dave Mangano, *FFC CSB*  
Barbara Martinez, *FFC CSB*  
Lorrie Nicewarner, *Dominion Hospital*  
Phil Ross, *NAMI-Prince William*  
Lorraine Rouse, *Poplar Springs Hospital*  
Patricia Taylor, *Dominion Hospital*

Handouts: Agenda, Notes from November 19, 2010 Meeting, HPR II Draft Proposal, Crisis Intervention and Stabilization Services for Children and Youth.

1. Welcome and Introductions

Cindy Kemp welcomed the group and introductions were made.

2. Children's Issues

- A. Youth Proposal: One time funds: \$112K has been set aside to pay for uninsured youth hospitalizations, hopefully starting on 2/1/11, in an effort to divert admissions from CCCA. If the money is not being spent after about a one month time frame, beds will be purchased from Leland House.
- B. Crisis Stabilization Subcommittee: Child hospitalizations have decreased. Prince William and Fairfax counties have the highest rates due to the size of their jurisdictions. A crisis center would require 31 staff and cost about \$2.7 million. Forty staff will be requested to be phased in over a period of time. This proposal will reflect where we need to be as a region in the next three to five years. Recommendations from this group:
- Break out plan into increments (i.e. what is needed at 20%, 50%, etc.) until whole.
  - Obtain population numbers for youth;
  - Keep CSA involved/aware of plan throughout the process. V. Cuffee will report back to CSA via NVRC.
  - Consider that Autism Spectrum Disorders (ASD) are increasing (1 in 150).
  - Go to the VACSB for grass root support and to DBHDS and legislative support for FY13.
  - Obtain additional information from CCCA
  - Measure the things where we have control over outcomes and discuss what happens if not implemented and return on social investment.

- Measure number of minors currently being maintained in the community and their employability, the number of minors placed out of state versus in-state, ASD and DD requirements, school crisis numbers and the impact on siblings and families.

### 3. Crisis Center

NVMHI is not closing but a total of 19 beds will be closed as of 7/1/11 and the beds will not be put back online. Five options are being considered:

- Community based center with 23 hour beds
- NGRI residence: Many require change in Virginia code
- Additional RDAP money to lower EBL
- Telepsychiatry and
- Intensive teams to implement in-home mobile supports at the beginning of a crisis.

Fairfax County Board of Supervisors will support the Barker Amendment at the General Assembly. Continue to plan and focus on priorities. Goal is to have an option in place by 7/1/11.

### 4. Secretary Hazel's Visit

- A. NVTC: Commissioner, Deputy Commissioner and others toured NVTC, and the group was impressed with the program. Regionalization and outpatient services were supported. A meeting also took place with the parent groups. The visiting group was given the ID Regional Plan. NVTC has relationships with 40 different universities.
- B. NVMHI: Recovery and support services were updated, including activities, groups, and the peer support program. NVRPO also presented regional programs. Discussion with Dr. Hazel included accountability, serving consumers in the community and using the state facility as a safety net, and forensic issues.

### 5. Regional Newsletter

Articles are needed for the next newsletter. If you would like to be on the distribution list, please email Julie Parkhurst at [Julie.Parkhurst@fairfaxcounty.gov](mailto:Julie.Parkhurst@fairfaxcounty.gov).

### 6. Round Robin

- D. Mangano/FFC CSB: A Consumer Wellness and Education Program will take place Feb. 3-11, 2011 around WRAP. WRAP facilitator training will take place March 4-11, 2011 and free slots will be offered.
- M. Gilmore/Alex CSB: The budget looks better; funding has been received for a child services plan and psychological first aid instruction training.
- C. Koshatka/NVRPO: Regional planning is occurring with Youth and ID issues.
- L. Nicewarner/Dominion: She is the new Director of Admission Services for Dominion Hospital.

- M. Diorio/NVTC: NVTC census is currently at 160. \$4.1 million in budget cuts have been incurred. Seven more beds will be cut by 6/30/11. New admission and discharge protocols are coming out as a result of DOJ. Training Centers will be smaller; community based services and outpatient requests are increasing.
- T. Geib/PW CSB: No more cuts are expected in Prince William. A new youth position for New Horizons has been approved, and they will get a new psychiatrist. Therapeutic foster care is going from community based to residential. In-home services are being cut 4-5%.
- P. Ross/NAMI PW: NAMI-PW is reinventing itself. A family to family group will be starting up and NVRPO will be notified of when.
- K. Duda/NAMI NV: A handout of programs was distributed to the group. This week and last week NAMI NV presented for Fairfax High School.
- M. Del Rio/NVMHI: A \$600K budget cut will be addressed via natural attrition, pharmacy, etc. They are recruiting a Medical Director.
- C. Hall/Poplar Springs: A Certificate of Need has been approved for 25 beds. They are currently licensed for 75 ; 22 are used for military (SA and PTSD). They have had a few higher acuity clients recently that have taken longer to stabilize and have had to deny beds as a result. LOS is increasing.
- W. Gradison/PRS, Inc.: PRS is partnering with FFC CSB for the recovery academy. It started full time in January 2011 and is curriculum based using evidence based practice and dual diagnosis. Once clients go in to the community there will be alumni groups to attend. There are two centers, one in Tyson's and one in South County. Each center serves 70-80 clients per day. Over half are in employment or moving on to employment.
- C. Kemp/Arl CSB: The budget has not been proposed yet; however, no cuts are expected.

## 7. Next Meeting

April 29, 2011 from 1-3 p.m. in Suite 240, 14150 Parkeast Circle, Chantilly, VA 20151.